



Advanced Urogynecology of Michigan P.C.

22731 Newman St., Suite 200, Dearborn, MI 48124

Office (313) 982-0200 | Fax (313) 982-0500 | www.augm.org

Dear _____,

We have scheduled an appointment for you on:

_____ at _____ a.m. / p.m.

Before your first appointment, please make sure you have done the following.

1. Enclosed you will find the patient information packet which you **must fill out completely** and bring with you to the appointment. If you do not bring it or it is not completely filled out, your appointment may be delayed.
2. Things to bring with you to your appointment:
 - Insurance cards with picture I.D.
 - Name, address and phone number of your physician who we may send a consultation letter to (example: primary physician, OB/GYN).
 - A current list of medications that you are taking including birth control.
 - A list of any allergies.
 - Insurance referral from your **PCP** if needed.
3. **Please arrive 30 min. early for your appointment.**

NOTE: YOU ARE RESPONSIBLE TO KNOW YOUR INSURANCE COVERAGE!

If you do not have office visit coverage, or if you have a co-pay, coinsurance and / or deductible, this will be collected at time of service unless prior arrangements have been made.

If you cannot keep your appointment, please notify us as soon as possible so that we can accommodate someone else in your appointment slot. Please note that appointment cancellation will delay the availability of your next appointment and may result in a delay in your healthcare.

No show or calls less than 24 hours may be subject to an administrative fee of \$25.00 per our office policies and procedures.

We shall attempt to remind you a few days prior to your visit, however, it is your responsibility to remember the date and time of your appointment.

ADVANCED UROGYNECOLOGY OF MICHIGAN, PC

TODAY'S DATE: _____

PATIENT INFORMATION SHEET					
Patient's Name			Home Phone		
Street Address			Cell Phone		
City		State	Zip	Email	
Age	Date of Birth	Marital Status: Single ___ Married ___ Widowed ___ Divorced ___ Separated ___		Race	
Occupation:					
Pharmacy Name		Pharmacy Phone		Pharmacy Address	
Secondary Pharmacy		Pharmacy Phone		Pharmacy Address	
INSURANCE INFORMATION					
Primary Insurance Carrier			Secondary Insurance Carrier		
Subscriber Name			Subscriber Name		
Relationship to patient:	Social Security No.	Date of Birth	Relationship to patient:	Social Security No.	Date of Birth
Employer	Business Phone		Employer	Business Phone	
Contract #			Contract #		
Group #	Service Code		Group #	Service Code	
PARENT'S INFORMATION (ONLY if patient is under 18 or insurance is in parent's name)					
FATHER OR GUARDIAN			MOTHER OR GUARDIAN		
Name			Name		
Employer			Employer		
Employer Address			Employer Address		
Business Phone	Date of Birth		Business Phone	Date of Birth	
Home Phone	Social Security No.		Home Phone	Social Security No.	
EMERGENCY CONTACT					
Name:		Phone #		Relationship:	



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CANCELLATION AND NO-SHOW APPOINTMENT POLICY

We at Advanced Urogynecology of Michigan (AUGM) understand that sometimes you need to cancel or reschedule your appointment due to emergencies. If you are unable to keep your appointment, please notify us as soon as possible.

Our goal is to provide quality medical care in a timely manner. In order to do so, we have had to implement an appointment/cancellation policy. The policy enables us to better utilize available appointments for our patients in need of medical care.

If you cannot keep your appointment, please notify us as soon as possible so that we can accommodate someone else in your appointment slot. Please note that appointment cancellation will delay the availability of your next appointment, and may result in a delay in your healthcare.

No-Show or Cancellations with less than 24 hours' notice may be subject to an administrative fee not to exceed \$75.00 per our office policies and procedures.

**** Please note that if you are more than 15 minutes PAST your scheduled time, your visit may be cancelled. This is so that we do not inconvenience the other patients who show up on time. Moreover, this will also be considered as a last minute cancellation and you may be charged a cancellation/late fee.**

We take pride in seeing our patients in a timely manner and do not like to keep them waiting. I am sure you understand this and will help us ensure that your visit is timely, efficient and satisfactory.

I understand AUGM's appointment cancellation and no-show policy and understand my responsibility to plan appointments accordingly and notify AUGM appropriately if I have difficulty fulfilling my scheduled appointments.

Patient's Name

Date of Birth

Signature of Patient or Guardian

Date



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PAYMENT POLICY

Thank you for choosing us as your healthcare provider. We are committed to providing you with top quality healthcare.

We have developed this payment policy because some of our patients have had questions regarding patient and insurance responsibility for services rendered. Please read it, ask us any questions you may have, and sign in the space provided. A copy will be provided to you upon request.

- We participate in most insurance plans, including Medicare. If you are not insured by a plan we are contracted with, you are responsible for services not covered by your plan.
- If you are insured by a plan we are contracted with, but don't have an up to date insurance card and we are unable to verify your coverage and benefits, payment in full is required at time of service.
- Knowing your insurance benefits is your responsibility. Please contact your insurance company with any question you may have regarding your coverage if we are not able to answer them.
- All co-payments and deductibles must be paid at the time of service. This arrangement is part of your contract with your insurance company. Failure on our part to collect co-payment and deductibles from patients can be considered fraud. Please help us in upholding the law by paying your co-payment at each visit.
- Please be aware that some of the services you receive may not be covered by your insurance. You are required to pay for these services at the time of visit.
- During your visit, there may be certain key tests done such as a urinalysis (checking your urine for infection/microscopic blood), assessment of post void residual to see how well you are emptying your bladder, or a vaginal smear. Your symptoms may also require us to send the urine to the lab for cytology (cell screen), culture to look for an infection etc... You will be responsible for paying the bill if the services are not covered by your insurance. Please understand that these tests are necessary for your health management.
- We will submit our claims and assist you in any way we reasonably can to help get your claims paid. Your insurance company may need you to supply certain information directly. It is your responsibility to comply with their request.
- If your insurance changes, please notify us before your next visit so we can make the appropriate changes to help you receive your maximum benefits.

- If your account is over 30 days past due, you will be charged a late fee. If your account is 90 days past due, you will have 20 days to pay your account in full. Partial payments will not be accepted unless prior arrangements are made or otherwise negotiated. Please be aware that if a balance on your account remains unpaid, we may refer your account to a collection agency.
- Our office policy is to charge for missed appointments not canceled within 24 hours of a scheduled appointment. Please help us to serve you better by keeping your regularly scheduled appointment.
- We accept VISA, MASTERCARD, CHECK, MONEY ORDERS and **CARE CREDIT**. There is a \$25.00 fee for returned checks.

At AUGM we are committed to providing the best treatment to our patients. Our prices are representative of the usual and customary charges for our area. Please let us know if you have any questions or concerns.

I have read and understand the payment policy and agree to abide by its guidelines:

Signature of patient or responsible party

Date

Name of patient or responsible party

ADVANCED UROGYNECOLOGY OF MICHIGAN, PC

TODAY'S DATE: _____

Name:	Age:	Birthday:	Occupation:
Primary Physician:	How Were You Referred To Our Office:		
Physician Address:	___ Family ___ Friend ___ Patient ___ Insurance		
Phone Number:	___ Health Fair ___ Other _____		
	___ Physician _____		
	Address _____		

The Reason for Today's Visit is:

Is the problem you are here for today causing you pain? ___ Yes ___ No

Gynecologic History

Age when menses started: _____ Last menstrual period: _____ How many days does it last? _____

Period occurs every: < 21 days ___ 21-30 days ___ 30-35 days ___ > 35 days ___

Do you have menstrual cramps/pain? _____ How severe? Mild ___ Moderate ___ Severe ___

Do you ever bleed between periods? _____ After intercourse? _____

What do you use for contraception? _____

Have you ever had:

- | | | |
|--------------------|---------------------------------|-----------------------------|
| ___ fibroids | ___ ovarian cysts | ___ vaginal dryness/itching |
| ___ endometriosis | ___ pelvic inflammatory disease | ___ hot flashes |
| ___ genital herpes | ___ genital warts | ___ yeast infection |
| ___ gonorrhea | ___ syphilis | ___ bacterial vaginosis |
| ___ chlamydia | ___ mood swings | |

Have you gone through menopause? Yes No At what age? _____

Date of last pap smear? _____ Normal Yes No

Have you ever had an abnormal pap smear? Yes No Did you have: cyro colpo leep

Date of last mammogram: _____ Normal? Yes No Self breast exam? Yes No

Sexual History

Are you sexually active? Yes No Do you ever have pain with intercourse? Yes No

Is your sex life satisfactory? Yes No Sexual Preference: Male Female Both

Social History (Do you):

Smoke? Yes No If yes, how much: _____ Day How long have you smoked? _____

Have you ever smoked? Yes No If yes, how much: _____ Day When did you quit? _____

Drink Alcohol? Yes No How much per week? _____ Seat Belt? Yes No

Drink beverage with caffeine? Yes No How much per day? _____

Use street drugs? Yes No Do you exercise? Yes No Describe _____

Have you suffered from physical, emotional, sexual abuse? _____

How do you learn new things – reading, videos, demonstrations? _____

Urinary Problems (Do you have):

- | | | |
|--|---|--|
| <input type="checkbox"/> Urine loss with cough | <input type="checkbox"/> Pain with urination | <input type="checkbox"/> Bed Wetting |
| <input type="checkbox"/> Urine loss with urgency | <input type="checkbox"/> Blood in urine | <input type="checkbox"/> To get up at night to urinate |
| <input type="checkbox"/> Urinary urgency | <input type="checkbox"/> Bladder infections | <input type="checkbox"/> To wear incontinence products |
| <input type="checkbox"/> Urinary frequency | <input type="checkbox"/> Difficulty urinating | <input type="checkbox"/> Uncontrollable loss of stool |

Obstetrical History How many times have you been pregnant? _____

Weight of Baby	Type of Delivery	Weight of Baby	Type of Delivery

Do you have to take antibiotics before going to the dentist or having a procedure? Yes No

Have you been vaccinated for Pneumonia? Yes No Influenza? Yes No

Medical History

- | | | |
|--|--|---|
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Cardiac problems (heart attack, etc.) | <input type="checkbox"/> Cancer |
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Anemia | <input type="checkbox"/> Multiple Sclerosis |
| <input type="checkbox"/> Stroke | <input type="checkbox"/> Bleeding problems | <input type="checkbox"/> Parkinson's |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Liver Disease | <input type="checkbox"/> Alzheimer's |
| <input type="checkbox"/> Glaucoma | <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> Fibromyalgia |
| <input type="checkbox"/> Tuberculosis | <input type="checkbox"/> Gall Bladder Disease | <input type="checkbox"/> HIV/AIDS |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Psychiatric problems | <input type="checkbox"/> Thyroid |

Do you have difficulty: Reading _____ Hearing _____ Seeing _____

Surgical History (If needed, please continue on the medications form) **ASA: 1 2 3 4**

Year	Operation	Hospital

Family History M (mother) F (father) S (sister) B (brother) O (other)

- | | | | |
|--|--|---|--|
| <input type="checkbox"/> Breast Cancer | <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Alzheimer's | <input type="checkbox"/> Ovarian Cancer |
| <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Alcoholism | <input type="checkbox"/> Uterine cancer | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Seizure disorders | <input type="checkbox"/> Colon Cancer | <input type="checkbox"/> Parkinson's | <input type="checkbox"/> Psychiatric disorders |

Have you recently had or experienced:

- | | | | |
|--|---|---|--|
| <input type="checkbox"/> Constipation | <input type="checkbox"/> Chest Pain | <input type="checkbox"/> Weakness/ Numbness | <input type="checkbox"/> Diarrhea |
| <input type="checkbox"/> Heart attack | <input type="checkbox"/> Suicidal thoughts | <input type="checkbox"/> Soiling pants | <input type="checkbox"/> Skin problems |
| <input type="checkbox"/> Swollen glands | <input type="checkbox"/> Blood in stool | <input type="checkbox"/> Abnormal hair growth | <input type="checkbox"/> Breast lumps |
| <input type="checkbox"/> Vomiting blood | <input type="checkbox"/> Headaches | <input type="checkbox"/> Hoarseness | <input type="checkbox"/> Appetite change |
| <input type="checkbox"/> Change in vision | <input type="checkbox"/> Coughing up blood | <input type="checkbox"/> Sudden weight change | <input type="checkbox"/> Depression |
| <input type="checkbox"/> Change in hearing | <input type="checkbox"/> Difficulty breathing | <input type="checkbox"/> Difficulty sleeping | |

Patient's Signature

Date

Reviewer's Signature

Date

ADVANCED UROGYNECOLOGY OF MICHIGAN, PC

MESA URINARY INCONTINENCE QUESTIONNAIRE (UIQ)

NAME: _____

DATE: _____

Please check (✓) the appropriate box.

- Over the past 12 months, have you had urine loss beyond your control?
_____ Yes _____ No
- How long ago did your urine loss start? _____ Years _____ Months _____ Days
- When does the urine loss usually occur?
_____ Daytime only _____ Nighttime only _____ Both day/ night time
- How Often? _____
- Do you use anything for protection against leaked urine? _____ Yes _____ No

On **average**, how many of each of these do you use for protection? (Please write the number used and check each day or each week)

	<u>Number</u> <u>Used</u>	<u>EachDay/EachWeek</u>
Sanitary Napkins	_____	_____/_____
Pads like those placed on furniture (ex. Blue pads)	_____	_____/_____
Adult wetness control garments (ex. Attends, Depends)	_____	_____/_____
Toilet paper or facial tissues	_____	_____/_____
Something else (please list)	_____	_____/_____

- While awake, when you are having urine loss problems, how much urine would you say you lose without control EACH TIME?
_____ A few drops to less than ½ teaspoon
_____ ½ teaspoon to less than 2 tablespoons
_____ 2 tablespoons to ½ cup
_____ ½ cup or more
- When you lose urine, does it usually:
_____ Just create some moisture
_____ Wet your underwear
_____ Trickle down your thigh
_____ Wet the floor
- Generally, how many times do you usually urinate from the time you wake up to the time before you go to bed?
_____ Times
- Generally, how many times do you usually urinate after you have gone to sleep at night?
_____ Times

MESA QUESTIONNAIRE

NAME: _____

DATE: _____

URGE SYMPTOMS		Never	Rarely	Sometimes	Often
1	Some women receive very little warning and suddenly find that they are losing, or are about to lose urine beyond their control. How often does this happen to you? (Would you say...)	0	1	2	3
2	If you can't find a toilet or find that the toilet is occupied, and you have an urge to urinate, how often do you end up losing urine or wetting yourself? (Would you say...)	0	1	2	3
3	Do you lose urine when you suddenly have the feeling that your bladder is full?	0	1	2	3
4	Does washing your hands cause you to lose urine?	0	1	2	3
5	Does cold weather cause you to lose urine?	0	1	2	3
6	Does drinking cold beverages cause you to lose urine?	0	1	2	3

(For Office Use Only)

Urge Score: _____ Percentage: _____

STRESS SYMPTOMS		Never	Rarely	Sometimes	Often
1	Does coughing gently cause you to lose urine?	0	1	2	3
2	Does coughing hard cause you to lose urine?	0	1	2	3
3	Does sneezing cause you to lose urine?	0	1	2	3
4	Does lifting things cause you to lose urine?	0	1	2	3
5	Does bending cause you to lose urine?	0	1	2	3
6	Does laughing cause you to lose urine?	0	1	2	3
7	Does walking briskly or jogging cause you to lose urine?	0	1	2	3
8	Does straining if you are constipated, cause you to lose urine?	0	1	2	3
9	Does getting up from a sitting to a standing position cause you to lose urine?	0	1	2	3

(For Office Use Only)

Stress Score: _____ Percentage: _____

ADVANCED UROGYNECOLOGY OF MICHIGAN, PC

NAME: _____ DOB: _____ DATE: _____

Urogenital Distress Inventory - 6

Please read the first column of symptoms and circle “Yes” or “No” for each symptom. Then, for each question marked by a “Yes” answer, work across the page and tell us how bothersome that symptom is for you currently.

Do you currently experience...

If Yes, circle one response below that best describes how bothersome that symptom is for you.

	NO	YES	Not at all	Slightly	Moderately	Greatly
1. Frequent Urination?	NO	YES	0	1	2	3
2. Urine leakage related to the feeling of urgency?	NO	YES	0	1	2	3
3. Urine leakage related to physical activity, coughing, or sneezing?	NO	YES	0	1	2	3
4. Small amounts of urine leakage?	NO	YES	0	1	2	3
5. Difficulty emptying your bladder?	NO	YES	0	1	2	3
6. Pain in the lower abdominal or genital area?	NO	YES	0	1	2	3

PGI-S

1. Circle the one number that best describes how your urinary tract condition is now?

Normal	Mild	Moderate	Severe
1	2	3	4

ADVANCED UROGYNECOLOGY OF MICHIGAN, PC

Name: _____ DOB: _____ Date: _____

Pelvic Floor Impact Questionnaire — short form 7

Instructions: Some women find that bladder, bowel, or vaginal symptoms affect their activities, relationships, and feelings. For each question place an X in the response that best describes how much your activities, relationships, or feelings have been affected by your bladder, bowel, or vaginal symptoms or conditions **over the last 3 months**. Please make sure you mark an answer in **all 3 columns** for each question.

How do symptoms or conditions in the following →→→→ usually affect your ↓	<i>Bladder or urine</i>	<i>Bowel or rectum</i>	<i>Vagina or pelvis</i>
1. Ability to do household chores (cooking, housecleaning, laundry)?	<input type="checkbox"/> Not at all <input type="checkbox"/> Somewhat <input type="checkbox"/> Moderately <input type="checkbox"/> Quite a bit	<input type="checkbox"/> Not at all <input type="checkbox"/> Somewhat <input type="checkbox"/> Moderately <input type="checkbox"/> Quite a bit	<input type="checkbox"/> Not at all <input type="checkbox"/> Somewhat <input type="checkbox"/> Moderately <input type="checkbox"/> Quite a bit
2. Ability to do physical activities such as walking, swimming, or other exercise?	<input type="checkbox"/> Not at all <input type="checkbox"/> Somewhat <input type="checkbox"/> Moderately <input type="checkbox"/> Quite a bit	<input type="checkbox"/> Not at all <input type="checkbox"/> Somewhat <input type="checkbox"/> Moderately <input type="checkbox"/> Quite a bit	<input type="checkbox"/> Not at all <input type="checkbox"/> Somewhat <input type="checkbox"/> Moderately <input type="checkbox"/> Quite a bit
3. Entertainment activities such as going to a movie or concert?	<input type="checkbox"/> Not at all <input type="checkbox"/> Somewhat <input type="checkbox"/> Moderately <input type="checkbox"/> Quite a bit	<input type="checkbox"/> Not at all <input type="checkbox"/> Somewhat <input type="checkbox"/> Moderately <input type="checkbox"/> Quite a bit	<input type="checkbox"/> Not at all <input type="checkbox"/> Somewhat <input type="checkbox"/> Moderately <input type="checkbox"/> Quite a bit
4. Ability to travel by car or bus for a distance greater than 30 minutes away from home?	<input type="checkbox"/> Not at all <input type="checkbox"/> Somewhat <input type="checkbox"/> Moderately <input type="checkbox"/> Quite a bit	<input type="checkbox"/> Not at all <input type="checkbox"/> Somewhat <input type="checkbox"/> Moderately <input type="checkbox"/> Quite a bit	<input type="checkbox"/> Not at all <input type="checkbox"/> Somewhat <input type="checkbox"/> Moderately <input type="checkbox"/> Quite a bit
5. Participating in social activities outside your home?	<input type="checkbox"/> Not at all <input type="checkbox"/> Somewhat <input type="checkbox"/> Moderately <input type="checkbox"/> Quite a bit	<input type="checkbox"/> Not at all <input type="checkbox"/> Somewhat <input type="checkbox"/> Moderately <input type="checkbox"/> Quite a bit	<input type="checkbox"/> Not at all <input type="checkbox"/> Somewhat <input type="checkbox"/> Moderately <input type="checkbox"/> Quite a bit
6. Emotional health (nervousness, depression, etc)?	<input type="checkbox"/> Not at all <input type="checkbox"/> Somewhat <input type="checkbox"/> Moderately <input type="checkbox"/> Quite a bit	<input type="checkbox"/> Not at all <input type="checkbox"/> Somewhat <input type="checkbox"/> Moderately <input type="checkbox"/> Quite a bit	<input type="checkbox"/> Not at all <input type="checkbox"/> Somewhat <input type="checkbox"/> Moderately <input type="checkbox"/> Quite a bit
7. Feeling frustrated?	<input type="checkbox"/> Not at all <input type="checkbox"/> Somewhat <input type="checkbox"/> Moderately <input type="checkbox"/> Quite a bit	<input type="checkbox"/> Not at all <input type="checkbox"/> Somewhat <input type="checkbox"/> Moderately <input type="checkbox"/> Quite a bit	<input type="checkbox"/> Not at all <input type="checkbox"/> Somewhat <input type="checkbox"/> Moderately <input type="checkbox"/> Quite a bit

ADVANCED UROGYNECOLOGY OF MICHIGAN P.C.

The PELVIC PAIN and URGENCY/FREQUENCY Questionnaire

Name: _____ DOB: _____ Date: _____

For each question below, please circle the answer that best describes how you feel. The last 2 columns on the right are for your doctor to assess your answers. Please do not mark anything in these columns.

		0	1	2	3	4	SYMPTOM SCORE	BOTHER SCORE
1	How many times do you go to the bathroom during the day?	3-6	7-10	11-14	15-19	20+		
2a	How many times do you go to the bathroom at night?	0	1	2	3	4+		
2b	If you get up at night to go to the bathroom, does it bother you?	Never	Mildly	Moderate	Severe			
3	Are you currently sexually active? YES _____ NO _____							
4a	IF YOU ARE SEXUALLY ACTIVE, do you now or have you ever had pain or symptoms during or after sexual intercourse?	Never	Occasionally	Usually	Always			
4b	If you have pain, does it make you avoid sexual intercourse?	Never	Occasionally	Usually	Always			
5	Do you have pain associated with your bladder or in you pelvis (vagina, lower abdomen, urethra, perineum, testes, or scrotum)?	Never	Occasionally	Usually	Always			
6	Do you still have urgency after going to the bathroom?	Never	Occasionally	Usually	Always			
7a	If you have pain, is it usually ...		Mild	Moderate	Severe			
7b	Does your pain bother you?	Never	Occasionally	Usually	Always			
8a	If you have urgency, is it usually ...		Mild	Moderate	Severe			
8b	Does your urgency bother you?	Never	Occasionally	Usually	Always			
SYMPTOM SCORE (1, 2a, 4a, 5, 6, 7a, 8a) - SUBTOTAL								
BOTHER SCORE (2b, 4b, 7b, 8b) - SUBTOTAL								
TOTAL SCORE (Symptom Score + Bother Score) =								

ADVANCED UROGYNECOLOGY OF MICHIGAN P.C.

PELVIC ORGAN PROLAPSE / URINARY INCONTINENCE SEXUAL FUNCTION QUESTIONNAIRE (PISQ-12)

NAME: _____ DOB: _____ DATE: _____

Instructions: All information is **CONFIDENTIAL**. Only used to help physicians understand what is important to patients about their sex lives. Please consider your sexuality over the past six months and check the box that best answers the question for you.

1. How frequently do you feel sexual desire? (Wanting to have sex, planning to have sex, feeling frustrated due to lack of sex, etc.)
 Daily (0) Weekly (1) Monthly (2) Less than once a month (3) Never (4)
2. Do you climax (have an orgasm) when having sexual intercourse with your partner?
 Always (0) Usually (1) Sometimes (2) Seldom (3) Never (4)
3. Do you feel sexually excited (turned on) when having sexual activity with your partner?
 Always (0) Usually (1) Sometimes (2) Seldom (3) Never (4)
4. How satisfied are you with the variety of sexual activities in your current sex life?
 Always (0) Usually (1) Sometimes (2) Seldom (3) Never (4)
5. Do you feel pain during sexual intercourse?
 Always (4) Usually (3) Sometimes (2) Seldom (1) Never (0)
6. Are you incontinent of urine (leak urine) with sexual activity?
 Always (4) Usually (3) Sometimes (2) Seldom (1) Never (0)
7. Does fear of incontinence (either stool or urine) restrict your sexual activity?
 Always (4) Usually (3) Sometimes (2) Seldom (1) Never (0)
8. Do you avoid sexual intercourse because of bulging in the vagina (either bladder, rectum, or vagina falling out)?
 Always (4) Usually (3) Sometimes (2) Seldom (1) Never (0)
9. When you have sex with your partner, do you have negative emotional reactions such as fear, disgust, shame or guilt?
 Always (4) Usually (3) Sometimes (2) Seldom (1) Never (0)
10. Does your partner have a problem with erections that affects your sexual activity?
 Always (4) Usually (3) Sometimes (2) Seldom (1) Never (0)
11. Does your partner have a problem with premature ejaculation that affects your sexual activity?
 Always (4) Usually (3) Sometimes (2) Seldom (1) Never (0)
12. Compared to orgasms you have had in the past, how intense are the orgasms you have had in the past six months?
 Much less intense (4) Less intense (3) Same intensity (2) More intense (1) Much more intense (0)

ADVANCED UROGYNECOLOGY OF MICHIGAN, PC

Name: _____ DOB: _____ Date: _____

PELVIC FLOOR DISTRESS INVENTORY – Short form 20

1. Do you usually experience pressure in the lower abdomen? **No / Yes**

If **YES**, how much does this bother you?

Not at all Somewhat Moderately Quite a bit

2. Do you usually experience heaviness or dullness in the pelvic area? **No / Yes**

If **YES**, how much does this bother you?

Not at all Somewhat Moderately Quite a bit

3. Do you usually have a bulge or something falling out that you can see or feel in the vaginal area? **No / Yes**

If **YES**, how much does this bother you?

Not at all Somewhat Moderately Quite a bit

4. Do you usually have to push on the vagina or around the rectum to have or complete a bowel movement? **No / Yes**

If **YES**, how much does this bother you?

Not at all Somewhat Moderately Quite a bit

5. Do you usually experience a feeling of incomplete bladder emptying? **No / Yes**

If **YES**, how much does this bother you?

Not at all Somewhat Moderately Quite a bit

6. Do you ever have to push up on a bulge in the vaginal area with your fingers to start or complete urination? **No / Yes**

If **YES**, how much does this bother you?

Not at all Somewhat Moderately Quite a bit

ADVANCED UROGYNECOLOGY OF MICHIGAN, PC

Name: _____ DOB: _____ Date: _____

7. Do you feel you need to strain too hard to have a bowel movement? **No / Yes**

If **YES**, how much does this bother you?

Not at all Somewhat Moderately Quite a bit

8. Do you feel you have not completely emptied your bowels at the end of a bowel movement?
No / Yes

If **YES**, how much does this bother you?

Not at all Somewhat Moderately Quite a bit

9. Do you usually lose stool beyond your control if stool is well formed? **No / Yes**

If **YES**, how much does this bother you?

Not at all Somewhat Moderately Quite a bit

10. Do you usually lose stool beyond your control if stool is loose or liquid? **No / Yes**

If **YES**, how much does this bother you?

Not at all Somewhat Moderately Quite a bit

11. Do you usually lose gas from the rectum beyond your control? **No / Yes**

If **YES**, how much does this bother you?

Not at all Somewhat Moderately Quite a bit

12. Do you usually have pain when you pass your stool? **No / Yes**

If **YES**, how much does this bother you?

Not at all Somewhat Moderately Quite a bit

13. Do you experience a strong sense of urgency and have to rush to the bathroom to have a bowel movement? **No / Yes**

If **YES**, how much does this bother you?

Not at all Somewhat Moderately Quite a bit

ADVANCED UROGYNECOLOGY OF MICHIGAN, PC

Name: _____ DOB: _____ Date: _____

14. Does a part of your bowel ever pass through the rectum and bulge outside during or after a bowel movement? **No / Yes**

If **YES**, how much does this bother you?

Not at all Somewhat Moderately Quite a bit

15. Do you usually experience frequent urination? **No / Yes**

If **YES**, how much does this bother you?

Not at all Somewhat Moderately Quite a bit

16. Do you usually experience urine leakage associated with a feeling of urgency; that is a strong sensation of needing to go to the bathroom? **No / Yes**

If **YES**, how much does this bother you?

Not at all Somewhat Moderately Quite a bit

17. Do you usually experience urine leakage related to coughing, sneezing, or laughing? **No / Yes**

If **YES**, how much does this bother you?

Not at all Somewhat Moderately Quite a bit

18. Do you usually experience small amounts of urine leakage (that is, drops)? **No / Yes**

If **YES**, how much does this bother you?

Not at all Somewhat Moderately Quite a bit

19. Do you usually experience difficulty emptying your bladder? **No / Yes**

If **YES**, how much does this bother you?

Not at all Somewhat Moderately Quite a bit

20. Do you usually experience pain or discomfort in the lower abdomen or genital region? **No / Yes**

If **YES**, how much does this bother you?

Not at all Somewhat Moderately Quite a bit

